

## Get Fit with Shilpi – Case File Date:- \_\_\_\_\_

Welcome to FITNESS JOURNEY WITH SHILPI 🍀

I hope that you serious about the routine and determined.

Keep me posted with your workout pictures and Weight updates on daily basis

REGISTRATION FORM	
NAME	
GAIN OR LOSE	
GENDER	
LAST PERIOD DATE [FOR FEMALE ONLY]	
HEIGHT	
WEIGHT	
AGE	
CONTACT NUMBER	
MARITAL STATUS	
EMAIL ID	
CITY	
COUNTRY	
ANY FOOD ALLERGIES?	
ANY FOOD ADDICTION?	
VEGETARIAN OR NON VEGETARIAN?	

REGISTRATION FORM	
HEALTH ISSUES	
NORMAL OR SECRET CONSULTATION	
COURSE PERIOD	
AMOUNT	
HOW DO YOU KNOW ABOUT THE PROGRAM?	
START DATE	
END DATE	

**PRICE CHART- WEIGHT GAIN**

	Days	Kgs loss	Fees- with pics allowed to post	Fees – NO pics posted on website
1	30 days	3-5kgs	7000/-	9000/-
2	60 days	6-10kgs	11000/-	13000/-
3	90 days	10-15kgs	15000/-	17000/-

**PRICE CHART- WEIGHT LOSS**

	Days	Kgs loss	Fees- with pics allowed to post	Fees – NO pics posted on website
1	30 days	4-5kgs	7,000/-	9,000/-
2	60 days	9-10kgs	11,000/-	13,000/-
3	90 days	13-15kgs	15,000/-	17,000/-
4	120 days	15-18kgs	19,000/-	22,000/-
5	150 days	20-25kgs	24,000/-	27,000/-
6	180DAYS	25-30KGS	29,000/-	32,000/-
7	360DAYS	50KGS	45,000/-	50,000/-

- **Step 1:- Fill the Registration form**

Get the app ( MS - word ) downloaded and installed.

Open our chat, click on \*Registration form\*

It will open under the same app (MS word)

hence you will be able to input

The data. Save it once done or share it directly as there is an option provided

- **Step 2:-Choose ur package and u can proceed with the course fee- send me the screenshots which has transaction details ( Upl I'd and number ) – for reference only**
- **Sept 3:- pics 4 poses as per the formate ( be it Normal or Secret consultation- pics are must for chart making- Please to follow the pictures RULE as mentioned in the PDF)**
- **Step 4: your availability for the next day ( consultation) as it takes 24-48hrs to Register**

Eg:- if today you are registering then appointment can be either tomorrow or day after. so kindly provide me ur availability for both the days

